

Date .....

**INTRODUCTION...**

This information sheet is intended to help gather information about your medical history, to assist the consultation.

Any responses that you are not able to complete, for whatever reason (e.g., uncertainty, not enough space provided, confidentiality) can be discussed during the consultation.

**GENERAL INFORMATION...**

Full Name: .....

Date of Birth: ..... Place of Birth: .....

Marital Status:  Married / Defacto  Single  Widowed  Separated / Divorced

Next of Kin: .....

Dependants / Children: .....

Referring Doctor: .....

**MAIN CONCERN / REASON for CONSULTATION...**.....  
.....**ALLERGIES...**  NO  YES please detail below

Allergic to:	What happens?

**WEIGHT...** Current weight ..... kg / Ideal weight ..... kg

**CURRENT MEDICATIONS...**  NO  YES please detail below

Medical Condition	Drug	Dose	Frequency

Do you regularly take any over the counter medicines, vitamins, complimentary or herbal medicines?

NO  YES please detail below

**SMOKER...**  Never  Yes  Previously - stopped: .....

How much do / did you smoke? ..... per day for ..... years

**ALCOHOL INTAKE...**  Never  Yes  Previously - stopped: .....

How much do / did you drink? ..... per day for ..... years

**DIET...**

Have you ever been diagnosed with...			Year
Iron deficiency	<input type="radio"/> NO	<input type="radio"/> YES	
Vitamin B12 deficiency (pernicious anaemia)	<input type="radio"/> NO	<input type="radio"/> YES	
Coeliac disease	<input type="radio"/> NO	<input type="radio"/> YES	
Vitamin D deficiency	<input type="radio"/> NO	<input type="radio"/> YES	

Does your diet include the following...			
Dairy	<input type="radio"/> Milk	<input type="radio"/> Yogurt	<input type="radio"/> Cheese
Cereals	<input type="radio"/> Grains	<input type="radio"/> Bread	<input type="radio"/> Breakfast Cereals
Meat	<input type="radio"/> Red Meat	<input type="radio"/> Chicken	<input type="radio"/> Fish
Vegetables	<input type="radio"/> Potato	<input type="radio"/> Green Leafy Vegetables	<input type="radio"/> Other .....
Fruit			

**FOOD ALLERGIES...**  NO  YES please detail below

## MEDICAL HISTORY..

Have you been hospitalised during the past year?  NO  YES please detail below

Have you been treated or hospitalised for any of the following:

Condition			Comments
Asthma	<input type="radio"/> NO	<input type="radio"/> YES	
Eczema	<input type="radio"/> NO	<input type="radio"/> YES	
Rash	<input type="radio"/> NO	<input type="radio"/> YES	
Chest Infections	<input type="radio"/> NO	<input type="radio"/> YES	
Recent Infections	<input type="radio"/> NO	<input type="radio"/> YES	
Migraine / Severe Headache	<input type="radio"/> NO	<input type="radio"/> YES	
Seizures / Epilepsy	<input type="radio"/> NO	<input type="radio"/> YES	
Diabetes	<input type="radio"/> NO	<input type="radio"/> YES	Year ..... <input type="radio"/> Insulin Injections <input type="radio"/> Tablets
Urinary Tract Infection	<input type="radio"/> NO	<input type="radio"/> YES	
Diverticulitis	<input type="radio"/> NO	<input type="radio"/> YES	
Heart Problems	<input type="radio"/> NO	<input type="radio"/> YES	
High Blood Pressure	<input type="radio"/> NO	<input type="radio"/> YES	
Arrhythmia / Abnormal Heart Beat	<input type="radio"/> NO	<input type="radio"/> YES	
Heart Attack / Myocardial Infarction	<input type="radio"/> NO	<input type="radio"/> YES	
Angina	<input type="radio"/> NO	<input type="radio"/> YES	
Bleeding / Bruising	<input type="radio"/> NO	<input type="radio"/> YES	
Deep Venous Thrombosis (clot)	<input type="radio"/> NO	<input type="radio"/> YES	Site ..... Warfarin : <input type="radio"/> No / <input type="radio"/> Yes
Pulmonary Embolism (lung clot)	<input type="radio"/> NO	<input type="radio"/> YES	Details?
Shingles / Chicken Pox	<input type="radio"/> NO	<input type="radio"/> YES	
Cold Sores / Whitlow	<input type="radio"/> NO	<input type="radio"/> YES	
Hepatitis	<input type="radio"/> NO	<input type="radio"/> YES	
Learning Difficulty	<input type="radio"/> NO	<input type="radio"/> YES	
Physical Disability	<input type="radio"/> NO	<input type="radio"/> YES	
Depression	<input type="radio"/> NO	<input type="radio"/> YES	
Other Emotional Concerns	<input type="radio"/> NO	<input type="radio"/> YES	
Other (Details?)			

## SURGICAL HISTORY... (previous operations)

Year	Reason

Have you ever had...

			Details
Joint Replacement	<input type="radio"/> NO	<input type="radio"/> YES	
Broken Bone	<input type="radio"/> NO	<input type="radio"/> YES	
Major Head Injury	<input type="radio"/> NO	<input type="radio"/> YES	
Dental Extraction	<input type="radio"/> NO	<input type="radio"/> YES	
When was your last dental examination?			
Do you wear dentures	<input type="radio"/> NO	<input type="radio"/> YES	

## IMMUNISATIONS... Have you been immunised for the following?

Influenza (this year)	<input type="radio"/> NO	<input type="radio"/> YES	<input type="radio"/> UNSURE	<input type="radio"/> Previous years eg since .....
Whooping cough (Pertussis)	<input type="radio"/> NO	<input type="radio"/> YES	<input type="radio"/> UNSURE	<input type="radio"/> Grandparents
Pneumococcus (Pneumovax)	<input type="radio"/> NO	<input type="radio"/> YES	<input type="radio"/> UNSURE	<input type="radio"/> >65yrs, no spleen
Haemophilus (Hib)	<input type="radio"/> NO	<input type="radio"/> YES	<input type="radio"/> UNSURE	<input type="radio"/> Lung disease, low immunity
Chickenpox/Varicella (Zostervax)	<input type="radio"/> NO	<input type="radio"/> YES	<input type="radio"/> UNSURE	<input type="radio"/> Recurrent shingles >50yrs
Hepatitis B and/or A	<input type="radio"/> NO	<input type="radio"/> YES	<input type="radio"/> UNSURE	
Papilloma Virus HPV (Gardasil)	<input type="radio"/> NO	<input type="radio"/> YES	<input type="radio"/> UNSURE	
Diphtheria/Pertussis/Tetanus	<input type="radio"/> NO	<input type="radio"/> YES	<input type="radio"/> UNSURE	
Measles, Mumps, Rubella (MMR)	<input type="radio"/> NO	<input type="radio"/> YES	<input type="radio"/> UNSURE	
Meningococcal	<input type="radio"/> NO	<input type="radio"/> YES	<input type="radio"/> UNSURE	
Tuberculosis (BCG)	<input type="radio"/> NO	<input type="radio"/> YES	<input type="radio"/> UNSURE	
Other (eg travel)				

**FAMILY HISTORY...**

Mother: .....  Alive /  Died at ..... years

Father: .....  Alive /  Died at ..... years

Children: ..... years .....

..... years .....

..... years .....

Brothers / Sisters: ..... years .....

..... years .....

..... years .....

Is there any family history of:  leukaemia  lymphoma  bleeding  thrombosis  
 cancer .....

Other relevant information about family members / illnesses:

.....  
.....  
.....

**COMPLETED BY...**

NAME (printed): .....

SIGNATURE: ..... Date: ..... / ..... / .....

Thank-you for your time. When you have your consultation, please let me know if you have any questions about this form.